

# Gryphon's Den

## Food Pantry

Our Gryphon's Den Food Pantry is now available for students of NNEC, and is being accessed on a daily basis. NNEC was able to secure a grant to open the Gryphon's Den, however, we may need to rely on donations as we move forward.

Food insecurity is a reality for a number of our students, and having the pantry open makes a huge difference for families. We are now accepting donations of the items listed below. We are also accepting grocery store gift cards that to be used to purchase items.

### **Food**

Soup (variety)  
Chili  
Campbell's Chunky Soup  
Mr. Noodles  
Bear Paws  
KD Snack Cups  
Rice Krispie Squares  
Ritz Snackwiches  
Ritz Handisnacks  
Apple Sauce  
Fruit Cups  
Pudding  
Mini Boxes of Cereal (Kellogg's fun pack)  
Fruit Snacks  
Wagon Wheels  
Uncle Ben's Ready Rice  
Knorr's Sidekicks  
Pop Tarts  
Hamburger Helper  
Kraft Dinner

### Juice Boxes

Chef Boyardee (Beefaroni, ravioli, etc.)  
Pasta  
Pasta sauce

### **Hygiene Products**

Shampoo  
Conditioner  
Body wash  
Soap  
Disposable Razors  
Body Lotion  
Deodorant  
Toothbrushes  
Toothpaste  
Dental floss  
Laundry detergent (pods)  
Travel sized hand-sanitizer  
Dish detergent

Anyone wishing to donate of supplies and/or gift cards is asked to contact Mrs. Lohead in Student Services. You can call her at 902-755-8180 ext. 1022 or e-mail her at locheadd@ccrce.ca.