African Heritage Month at NNEC

Students experienced a wealth of education and learning during this month's African Heritage Assembly. The theme for the assembly was "Celebrating Our Culture and Heritage; Say it Loud, I'm Black and I'm Proud!", in memory of NNEC Teacher Trevor Boyd.

The month of February was a busy month here at NNEC celebrating African Heritage Month. There were a variety of events and activities that provided our students and staff an opportunity to experience African Heritage.

Our African Drumming group, consisting of students and staff, had several performances throughout the month. They performed at the Town of New Glasgow Proclamation signing, in our school cafeteria during Spirit Week, at local elementary schools and during our African Heritage Month Assembly.

Throughout the month we played the Black National Anthem during morning announcements, a weekly staff trivia challenge featuring ANS history as well as a song of the week where students were challenged to identify a mystery song of African Heritage.

We once again had Universal Soul come to the school to perform and teach students about the artistry of rap music. Students had ample opportunity to come to the stage and try a rap of their own. Our students had a great time learning how to make their own music and rhyme.
NSCC Skilled Futures in Technology

Students participated in interactive technology workshops at NSCC Truro through Skills Canada Nova Scotia. Workshops included: 2D animation, 3D animation, game development, green screen video production, IT systems management, IT web development, and virtual and augmented reality.

Phys. Ed. 11 Archery Class

Would you like to attend the 50th Anniversary of the wreath laying ceremony at the Canadian War memorial in Ottawa this June?

I.O.O.F Atlantic Jurisdiction will be helping six (6) students aged 16 and over, attend this historic event. For more information and an application form please see Mrs. Lochead in Student Services. Application deadline is Friday, April 12th.

Intimate Images and Cyber-protection

If you've been bullied online or had intimate pictures of you shared without your consent, you're protected under the law. The Intimate Images and Cyber-Protection Act aims to discourage people from bullying others online or by text or email, and from sharing intimate images of someone without their consent. The act also gives victims a way to respond when these things happen.

If you believe you are the victim of cyberbullying or that an intimate image of yours was shared without your consent, CyberScan can help. Call CyberScan: 1-855-702-8324 (toll-free) or visit their website www.cyberscan.novascotia.ca.

For more information on cyberbullying and the Intimate Images and Cyber-Protection Act, read What You Need to Know About the Intimate Images and Cyber-Protection Act.
Varsity Girls Basketball
Congratulations to our Varsity Girls basketball team who defeated Gillis in an exciting game to become Regional Champs!

Jr. Varsity Girls Basketball
Congratulations to our Jr. Varsity Girls basketball team who defeated the Amherst Vikings and brought home Regional Champs!

Special Olympics
NNEC would like to congratulate two students who recently completed in the 2019 Nova Scotia Special Olympics Provincial Championships in Aldershot.

James Tulloch competed and brought home a Bronze Medal in Curling.

Cody Turner competed in the sport of Bowling bringing home a 2nd place medal in his division while his team also placed 2nd provincially.

Congratulations James & Cody, Way to Go!

Pictou County Athletics - Spring Registrations
Run, Jump, Throw and Wheel is an Athletics Canada program for young children from ages 5 to 9. The program is geared to help develop the basic movement skills for this age group: coordination; balance; strength; agility and space awareness. Fitness and Fun activities are also part of this program.

There will be a Run, Jump, Throw and Wheel at North Nova Education Centre. Start time is 6:30 to 7:15 on Wednesday, March 27th. Registration will begin at 6pm that evening until 6:45.

Our 13+ program and Masters program will have registration on April 2nd from 6pm to 7pm at the Pioneer Coal Athletics Field.

The Spring 13+ program is geared for the middle and high school students who wish to get extra practice outside their school program. Two practices a week (Friday evenings and Sundays). Masters are gearing up for summer competitions and they, as well, practice Fridays and Sundays.

Visit our website for further registration information: pictoucountyathletics.com.

Late registration families can register on Tuesday April 2nd at the Pioneer Coal Athletics Field located at 483 Auburn Ave in Stellarton from 6 pm to 7pm.

Sr. Boys Snowboarding
Congratulations to Dylan Wagner, Marcus Maclvor, Hudson Cameron & Matthew Fifield who won the Sr. Boys Snowboarding Championship!

Intermediate Skiing
Congratulations to our Girls Ski Team; Madison DeMont, Taylor Long, & Carolyn Boulter who won the Northumberland Region Intermediate Girls Banner. Congratulations is also extended to our Intermediate Boys Regional Champs Barrett Baker, William Austin, Brent Chapman & Nick Manos (absent).
We are pleased to be able to provide a school bus that travels to the YMCA every Friday. The bus is meant to provide transportation ONLY to the YMCA. It is not meant to provide student transportation to various stops along the route. In the future, this bus will not be making alternate stops.

Congratulations Terri Keddy - Winner of the CEP Prize Package

This prize from the NNEC Health & Humans Services Career Exploration Program was part of a fundraising campaign for the recent Coldest Night of the Year Walk.

The prize package had items offered by all four of our CEP students and shops. The beautiful wooden bench was made by our Building Systems students, a lasagna dinner gift certificate was offered by our Food Service the school shop, and the free car washes were offered from the Automotive shop. Also included were various personal care items provided by the students of the Health and Human Services shop.

The students raised $413.00 from ticket sales, a coin drive and bake sale for the Coldest Night of the Year campaign in support of Roots For Youth. Well done CEP!

Pictured here: CEP students Jayden MacDonald, Leah DeCoff, Terri Keddy (prize winner), Emily Scott and Kyra Cameron

March is Nutrition Month! Check out the new Canada Food guide.

Half your plate should be fruits and veggies, a quarter of your plate protein, a quarter whole grain foods. Water is the best option to drink!

For more info see https://food-guide.canada.ca/en/

Drop in to the teen health centre on Wednesdays this month for healthy snacks!

Vaping Risk Video Contest

March 1 - March 31

STEP 1 CREATE
Create a video explaining the risks of vaping for youth (50 seconds)

STEP 2 POST
Follow us! Post your video and then tag us and use our hashtag

STEP 3 WIN
Top 5 videos will be posted on our page for a chance to win

VAPING: KNOW THE RISKS

Focus Focus

www.nnec.cc/ce.ca